



KYD's RAGBRAI Checklist by Jeff & Deb Spencer

Day	Status	Description
		Tire Dip in the Missouri River
		Mile of silence
		Farm Kids breakfast
		Mr. Pork chops
		Catch a sunrise-get rolling early
		Celebrity sighting
		Jersey Theme Days (Tues RAGBRAI , Military & Century Loop, Fri-College)
		VFW /Firehouse breakfast and/or lunch
		Karras Loop (100 Mile Ride)
		Pie: Amish/Church Ladies
		Sweet Corn 🌽 on the cob
		Beekman's Ice-cream
		Sassy Lemonade (near Mr. Pork chop)
		Pee in a cornfield "Field of Streams"
		Smoothie
		Freedom Rock(s) - new in each town
		Slip n slide
		Get wet/cool off in a sprinkler/super soaker/fire hydrant
		Acts of service: Help a rider in need
		Mardi Gras beads on Road kill (Team roadkill)
		Chris Cakes (flying pancakes) 🥞 (first or 2nd pass through town @ firehouse)
		Iowa Coffee
		Meet an Iowa local and ask, "is this heaven?"
		Participate in local school or church fundraiser(s) (Kiss a pig/ring a bell)
		Craft beer trailer (root beer/kombucha)
		Attend concert(s)
		Tandem Bike Ride (trade in your bike for a day)
		Air Force formation ride (last day)
		Ride 500 miles in 7 days
		Tire dip in Mississippi River!