



FIRST TIMERS CHECKLIST

- | | |
|---|--|
| <input type="checkbox"/> Tire Dip in the Missouri River | <input type="checkbox"/> Acts of service: Help a rider |
| <input type="checkbox"/> Miles of Silence | <input type="checkbox"/> Attend concert |
| <input type="checkbox"/> Farm Kids Breakfast | <input type="checkbox"/> Freedom Rock(s) |
| <input type="checkbox"/> Mr. Pork Chop! | <input type="checkbox"/> Jersey Theme Days |
| <input type="checkbox"/> VFW /Firehouse Breakfast | <input type="checkbox"/> Slip-n-slide |
| <input type="checkbox"/> Pie: Amish/Church Ladies | <input type="checkbox"/> Get wet! Sprinkler or fire hydrant |
| <input type="checkbox"/> Sweet Corn 🌽 on the cob | <input type="checkbox"/> Participate in local school or church fundraiser(s) |
| <input type="checkbox"/> Beekman's Ice-cream | <div><input type="checkbox"/> Karras Loop (100 Mile Ride)</div> |

RAGBRAI FOOD CHECKLIST

OPTIONAL

